

Winter activities in See

See in Paznaun offers numerous winter activities for every taste. Skiing and snowboarding take place in a varied family ski area, which is particularly extensive thanks to the connection of the Kappl & See Ski Area. In addition to fun on the slopes, there are winter hiking trails and snowshoe tours that lead through snow-covered landscapes and offer a peaceful nature experience. A six-kilometre natural toboggan run, also suitable for night tobogganing, and an ice rink provide variety.

See ski area and Kappl & See Ski Area

The See ski area is particularly attractive for winter sports enthusiasts thanks to its connection with neighbouring Kappl. 84 kilometres of pistes in various levels of difficulty guarantee a varied experience for families. A practical ski bus facilitates access to the valley stations and enables a quick change between the ski areas.

The See ski area is specially designed to meet the needs of families: 42 kilometres of wide slopes, ten lifts and special beginner areas help beginners and children learn the basics of skiing. Freeriders are sure to get their money's worth in specially marked areas. See also attaches great importance to a comprehensive infrastructure. Ski schools and hire stations are available directly on site. Discounts and combined tickets are available especially for families, making skiing affordable for larger families too. The experience is rounded off by a variety of rest and refreshment stops. [More info](#)

Winter hiking and snowshoeing

For those who want to experience the tranquillity of nature away from the ski slopes, See offers several winter hiking trails and guided snowshoe hikes. The groomed winter hiking trails lead through the valley and the ski area and offer numerous viewpoints. Particularly popular are tours that lead to the higher Alps, where snowy landscapes and panoramic views are impressive. These routes are suitable for hikers of all ages and offer a relaxing nature experience. Guided snowshoe tours are also offered, where local guides introduce visitors to the landscape and wildlife. [More info](#)

Tobogganing and night tobogganing

The toboggan run in See offers a six-kilometre descent with numerous bends and fast sections. From the starting point at 1,800 metres down into the valley, there are around 700 metres in altitude to conquer. The natural toboggan run can be easily reached with the Medrigjochbahn cable car. A special highlight is the night tobogganing at "Medrig by Night", which takes place on selected evenings. Before

or after the night tobogganing, you can visit the Medrigalm panorama restaurant, where guests can round off the wintry atmosphere with a hot drink. [More info](#)

Ice skating in See

The ice skating rink in See, which is centrally located in the village, provides even more variety and is a particularly attractive leisure activity for families and children. The ice rink offers a great opportunity to take your first steps on the ice or simply to spend a sociable afternoon. The necessary equipment is also available on site so that beginners and occasional skaters can try it out without any problems. The ice rink is usually weather-dependent and is available depending on the weather conditions. [More info](#)

Ice climbing in Paznaun: a challenge for adventurers

See and Kappl offer ideal conditions for ice climbers who want to try their hand at frozen waterfalls and steep ice walls. Around See and in neighbouring areas, natural ice climbing spots with varying degrees of difficulty await. The low temperatures in the region guarantee stable ice conditions in the winter months, and experienced guides offer support and courses for beginners. This makes ice climbing in Paznaun a safe and extraordinary winter experience. [More info](#)

Alpine Experience Programme

The Alpine Experience Programme in See offers a variety of guided activities specially designed for nature lovers and adventurers. From guided snowshoe hikes to special winter hikes – the programme allows visitors to experience the mountain world in all its glory. The guided tours in particular offer the opportunity to gain deeper insights into the region, explore nature and make unforgettable memories. [More info](#)

Further information at [Holidays in See | Experience the Paznaun - Ischgl region](#).

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